

7. If it's Wednesday 2018

"If it's Wednesday, I think I'll kill myself."

Now how do you respond to someone like that?

Do you console them?

Or delay them with, "Hang on until this weekend?"

Or distract with, "What about Bach, the younger or the elder?"

Or if that doesn't work then ply with, "Hey *Queen Christina* is at the Anthology.

Wanna go?

Or maybe, you can just say "Appaloosa."

At the very least that will take them four additional syllables away from oblivion.

If they are not familiar with Appaloosas, and who is these days, then explain:

"An Appaloosa is a horse with beautiful spots all over its hind quarters. By the way, Appaloosas are not to be confused with Palominos, particularly, Trigger, Roy Roger's steed.

Actually, I think it's good to focus on spots even if they are imaginary on an imaginary horse. Horse spots don't have to be white. They can be various shades of gray, like Davys or Paynes. They can even be tope.

You can have them count the spots.

And by the time they consider everything-- color, texture, placement, it could well be Thursday morning.